

Dexter Senior Center members may call 426-7737 to reserve appointments for acupuncture, Stay Safe fitness, book & puzzle loans, and Medicare counseling. See calendar below for acupuncture and Stay Safe fitness class times.

A mask must be worn at all times

You must have a clean mask on before exiting your car. Please do not arrive earlier than five minutes before your appointment. You will be screened prior to entrance to the center where social distancing will be observed. No food or drinks are allowed in the center at this time

Tech Support 426-7737

Flu Shots Call Jensen's Community Pharmacy at 426-6210 for an appointment.

Foot Care by Ava will begin in November.

Book and Puzzle Delivery Call Joanne at 426-3420.

Senior Focus Yoga virtual WCC class registration will be done with Patty Hart.

NOVEMBER ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right;">2</p> <p>12:00-1:00 Acupuncture</p> <p>1:30-2:15 Acupuncture</p>	<p style="text-align: right;">3</p> <p style="text-align: center;">CLOSED</p>	<p style="text-align: right;">4</p> <p style="text-align: center;">CLOSED</p>	<p style="text-align: right;">5</p> <p>10:30-11:10 Stay Safe Fitness</p>	<p style="text-align: right;">6</p>
<p style="text-align: right;">9</p> <p>12:00-1:00 Acupuncture</p> <p>1:30-2:15 Acupuncture</p>	<p style="text-align: right;">10</p> <p>9:00 Footcare with Ava</p> <p>10:30-11:10 Stay Safe Fitness</p>	<p style="text-align: right;">11</p> <p style="text-align: center;">CLOSED</p>	<p style="text-align: right;">12</p> <p>10:30-11:10 Stay Safe Fitness</p>	<p style="text-align: right;">13</p>
<p style="text-align: right;">16</p> <p>12:00-1:00 Acupuncture</p> <p>1:30-2:15 Acupuncture</p>	<p style="text-align: right;">17</p> <p>10:30-11:10 Stay Safe Fitness</p>	<p style="text-align: right;">18</p>	<p style="text-align: right;">19</p> <p>9:00 Footcare with Ava</p> <p><i>Stay Safe Fitness Paused for now</i></p>	<p style="text-align: right;">20</p>
<p style="text-align: right;">23</p> <p>12:00-1:00 Acupuncture</p>	<p style="text-align: right;">24</p> <p><i>Stay Safe Fitness Paused for now</i></p>	<p style="text-align: right;">25</p>	<p style="text-align: right;">26</p> <p style="text-align: center;">CLOSED</p>	<p style="text-align: right;">27</p> <p style="text-align: center;">CLOSED</p>
<p style="text-align: right;">30</p> <p>12:00-1:00 Acupuncture</p>				