

Menu

September

2020

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Tuna Salad Sandwich Pasta Salad w/ Vegetables Broccoli Cheese Soup Pear Croissant Crackers	2 Roast Turkey w/ Gravy Garlic Mashed Redskin Potatoes Marinated vegetables Mixed Berries w/ Whipped Topping Dinner Roll	3 Potato Crunch Pollock Wild / WG Rice Pilaf Green Beans Cucumber, Tomato & Onion Salad Banana Wheat Bread	4 Pasta Toscano w/ Sausage, Vegetables, & Parmesan Cheese Carrot Coins Italian Salad Fruited Gelatin Italian Bread Italian Dressing
7 Center Closed Labor Day	8 All Beef Hotdog Potato Salad Baked Beans Yellow or Red Apple WW Hot Dog Bun	9 Baked Meatloaf w/ Beef Gravy Zucchini & Tomatoes Three Bean Salad Strawberries w/ whipped topping WW Dinner Roll French Salad Dressing	10 Chicken Salad Sandwich Pasta Salad w/ Vegetables Beef Barley Cracker Banana Croissant	11 Roast Pork w/ Gravy Garlic Mashed Redskin Potatoes Coleslaw Ambrosia Cornbread
14 Potato Crunch Pollock w/ Rice Pilaf Carrot Coins Pickled Beets & Onions Apricots WW Bread Tartar Sauce	15 Sloppy Joe Sandwich Baked Beans Coleslaw Blueberries with whipped topping WW Hamburger Bun	16 Chef Salad Garden Salad Tomato Rice Soup Crackers Pear Pita Bread Ranch dressing	17 Teriyaki Beef Dippers w/ Glaze Green Beans Cucumber, Tomato, & Onion Salad Orange Cornbread	18 BBQ Riblette Sandwich Confetti Corn Garden Salad Pineapple Dessert Hamburger Bun Italian Salad Dressing
21 Hamburger w/ Cheese O'Brien Potatoes Baked Beans Diced Peaches WW Hamburger Bun	22 Greek Chicken Salad Garden Salad Mix Chicken Noodle Soup w/ Vegetables Crackers Yellow or Red Apple Pita Bread Greek Dressing	23 Stuffed Cabbage Garlic Mashed Redskin Potatoes Italian Green Salad Strawberries w/ whipped topping Dinner Roll French Salad Dressing	24 Turkey Broccoli Rice Casserole w/ Cheddar Cheese Carrot Coins Pickled Beets & Onions Pear WW Dinner Roll	25 Lasagna Roll-Ups Green Beans Cucumber, Tomato, & Onion Salad Fruited Gelatin Italian Bread
28 Chicken Pasta Primavera w/ Parmesan Cheese Green Beans Tropical Fruit Salad Italian Bread	29 Maurice Salad Garden Salad Minestrone Soup Crackers Orange Pita Bread	30 Philly Steak Sandwich Coleslaw Zucchini and Tomato Pineapple Tidbits Submarine Roll Mayo		

Meals include milk and margarine. Crackers and gravy are low sodium.
Please make reservations for lunch 48 hours in advance.