


# August 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>9-10</b> Chair Yoga  <b>10:00</b> Coloring for Adults	<b>11:00</b> Beginning French <b>11:00</b> Ukulele <b>12:30-3pm American Mahjong</b> <b>12:30</b> Cards	<b>10:30</b> Strength/Stretch  <b>12:30</b> Needle Arts <b>12:30</b> Euchre <b>1-2</b> Choir	<b>10-11</b> Dulcimer  <b>12:30-3pm Chinese Mahjong</b> <b>12:30</b> Cards & Games <b>1-2 Bingo</b>	<b>9:15-2:00</b> Footcare  <b>11:00</b> Advanced French  <b>12:30</b> Cards & Games
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>9-10</b> Chair Yoga <b>10:00</b> Coloring for Adults  <b>1-2pm Afternoon Talks: Grace Hospice Care for the Caretaker</b>	<b>10-12</b> Card making <b>11:00</b> Beginning French <b>11:00</b> Ukulele <b>12:30-3pm American Mahjong</b> <b>12:30</b> Cards	<b>9-12 Chair Massage</b> <b>10:30</b> Strength/Stretch  <b>12:30</b> Needle Arts <b>12:30</b> Euchre <b>1-2</b> Choir	<b>10-11</b> Dulcimer  <b>12:30-3pm Chinese Mahjong</b> <b>12:30</b> Cards & Games <b>1-2 Bingo</b>	<b>9:15-2:00</b> Footcare <b>11:00</b> Advanced French  <b>\$5 Pizza Friday</b>  <b>12:30</b> Cards & Games
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>9-10</b> Chair Yoga <b>10:00</b> Coloring for Adults  <b>1pm Afternoon Talks: Margaret's Monarchs</b> 	<b>10-12</b> Reflexology <b>11:00</b> Beginning French <b>11:00</b> Ukulele <b>12:30-3pm American Mahjong</b> <b>12:30</b> Cards	<b>10:30</b> Strength/Stretch  <b>12:30</b> Needle Arts <b>12:30</b> Euchre <b>1-2</b> Choir <b>4:00</b> Board Meeting	<b>10-11</b> Dulcimer  <b>12:30-3pm Chinese Mahjong</b> <b>12:30</b> Cards & Games <b>1-2 Bingo</b>	<b>11:00</b> Advanced French  <b>12:30</b> Cards & Games
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>9-10</b> Chair Yoga  <b>10:00</b> Coloring for Adults  <b>1-2pm Afternoon Talks: Intro to Home Care Lindsay Mamp, BS</b>	<b>10-12</b> Reflexology <b>11:00</b> Beginning French <b>11:00</b> Ukulele <b>12:30-3pm American Mahjong</b> <b>12:30</b> Cards	<b>9-12 Chair Massage</b> <b>10:30</b> Strength/Stretch  <b>12:30</b> Needle Arts <b>12:30</b> Euchre <b>1-2</b> Choir	<b>10-11</b> Dulcimer  <b>12:30-3pm Chinese Mahjong</b> <b>12:30</b> Cards & Games <b>1-2 Bingo</b>	<b>11:00</b> Advanced French  <b>\$5 Pizza Friday</b>  <b>12:30</b> Cards & Games
<b>30</b>	<b>31</b>			
<b>9-10</b> Chair Yoga  <b>10:00</b> Coloring for Adults  <b>1-3:00</b> Acrylic Painting	<b>11:00</b> Beginning French <b>11:00</b> Ukulele  <b>12:30-3pm American Mahjong</b> <b>12:30</b> Cards			