

Menu

July

2021

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chef salad Garden green mix Chicken noodle soup Apple Pita, LS crackers	2 Cheeseburger Baked beans Cucumber, Tomato, onion Strawberries w/ topping Rice Krispy Treat
5 Elite Catering Closed For 4 th of July Holiday	6 Potato crunch pollock w/ wild & whole grain pilaf Carrot coins Spinach w/ lemon & vinegar Pineapple tidbits WW bread	7 Sandwich: Chicken salad Pasta salad w/ veg Minestrone Apple Croissant LS crackers	8 Swedish meatballs & egg noodles Green beans Coleslaw Diced melon Dinner roll	9 Turkey Burger Baked beans Marinated veg Banana
12 Stir-fry beef w/ sugar peas over fried rice w/veg Vegetable blend Mandarin oranges WW Bread	13 Baked ham w/ pineapple sauce Spinach salad w/ mushroom & egg Apricots Dinner roll	14 Stuffed cabbage Garlic redskin mashed potatoes Garden salad Strawberries w/ topping WW Dinner roll	15 Chicken Cacciatore Green beans Carrots w/ dill Watermelon, diced Italian bread	16 Maurice Salad Garden salad Beef barley veg soup Banana Pita, LS crackers
19 Baked Chicken O'Brien potatoes Collard greens w/ lemon & vinegar Diced Peaches, WW Bread	20 Sloppy Joe on WW bun Baked Beans Coleslaw Diced melon	21 Tuna salad on croissant Pasta salad w/ veg Broccoli Cheese soup Apple, LS crackers	22 Fettucine w/ chicken & veg, carrot coins Italian salad Fruited gelatin Italian bread	23 Roast Turkey w/ LS gravy Green beans Berries w/ topping Dinner roll Gingerbread cookie
26 Beef pepper patty w/ LS beef gravy Cauliflower, cheese sauce Zucchini & tomatoes Apple Dinner roll	27 Honey Mustard Chicken Breast on bun Green beans Coleslaw Mandarin oranges Pineapple tidbits	28 Potato Crunch Pollock w/ wild & whole grain pilaf Scandinavian blend Pickled beets & onion Fruited Gelatin WW Roll	29 Turkey pot roast w/ gravy Mashed potatoes Carrot coins Watermelon, diced WW Bread	30 Greek Salad w/ chicken Vegetable soup Banana Pita, LS crackers

Meals include milk and margarine. WW = Whole wheat LS = Low Sodium

Please make reservations for lunch 48 hours in advance. If you don't cancel 48 hours in advance, you will be charged \$5.50.