



Dexter Senior Voice

Greetings

It's March and we are grateful that it is warming up and spring is on its way. Remember to "spring ahead" on the 14th when Daylight Savings Time begins.

We are looking forward to being able to gather again. Until that time, center programs are still on pause until it is safe to meet.

Covid-19 Vaccines are Available

As of March 1, residents age 60 plus are eligible to receive a Covid-19 vaccination. Contact your health care provider or Michigan's COVID-19 hotline at 888-535-6136 or 211 if you need assistance signing up. The hotline is available Monday through Friday from 8 am to 5 pm.



The Dexter Senior Center was honored to receive a \$5,000 grant from the Dexter Community Fund this year. Services and programs for seniors and homebound individuals such as the ones provided by the center were

identified as high priority areas in a community needs assessment conducted by the Dexter Community Fund. The grant was especially vital since the Dexter Senior Center's annual spring fundraiser was cancelled this year due to Covid-19.

Dexter Senior Center Book & Puzzle Library

As most of you know, we have books and puzzles available to our members. You can call the center and place an "order" for either. Books and puzzles will be sanitized and delivered to your doorstep in a safe manner. Call us at 734-426-7737 to place an order.

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Free KN95 masks!
Call the Dexter Senior Center at 734-426-7737

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Meals on Wheels

Please make reservations at least 48 hours in advance for Meals on Wheels deliveries.

If you need to cancel a meal, please do so within 24 hours or you will need to reimburse the center \$5.50 per meal.

Home Maintenance, Home Repairs, and Outdoor Chores are also part of the Senior Services Home and Safety Program which is available for Washtenaw County residents age 60 and over.

There is a sliding scale for cost contributions. No one is denied service.

Call **734-971-9781** for basic household repairs, routine maintenance, and minor plumbing. Seniors can also receive assistance with outdoor chores such as lawn

mowing, leaf raking, window washing, and gutter cleaning.

Home safety installations, as noted in our last newsletter, are also a part of the program. Call to receive help with smoke alarms, grab bars, and more.

Call [1-734-971-9781](tel:1-734-971-9781) and press "8" for Senior Services, or email nlarsen@csswashtenaw.org



IRS Scams

If you get a call from someone claiming to be from the IRS:

Hang up. Don't give personal or financial information to someone claiming to be from the IRS. If in doubt, call the IRS directly at 1-800-829-1040.

Don't send money by wire transfer, prepaid card or gift card to someone claiming to be from the IRS. That's a scam. The IRS will not require a specific type of payment.

Report the call. to the Treasury Inspector General for Tax Administration (TIGTA) at tigta.gov or to the FTC at ftc.gov/complaint and **let your family and friends know about IRS imposters.**

Source: <https://www.consumer.ftc.gov/blog/2019/03/those-not-really-irs-calls>

Free Tax Preparation Assistance



**Source: Area Agency
on Aging 1B**

Accounting Aid Society Remote and Drop and do services for those with household incomes \$57,000 or less. 313-556-1920. accountingaidsociety.quickbase.com

AARP Foundation Tax-Aide Volunteers offer free help to those with low to moderate incomes. Sign up online here: <https://signup.aarpfoundation.org/tax-aide-volunteer/>

United Way Tax Clinic 734-971-8200 or 211. Unitedwayofwashtenawcounty.formstack.com

Aid in Milan 734-439-8420. Scan-and-go tax preparation. Free for people making \$57,000 or less, people with disabilities or Limited English speaking tax payers.

Housing Bureau for Seniors 734-998-9339. Working with AARP to have a drop-off/virtual method beginning in March. Not taking appointments yet, but interested individuals may call and be placed on a list to be called back as more information becomes available.

Saline Area Senior Center 734-429-9274.

Free Online Fitness Videos, & Virtual tours

Visit the Dexter Senior Center's resources page at <http://www.dexterseniors.org/resources.html> where you will find strength training, fitness, and yoga videos as well as virtual tours of museums, gardens, national parks, and aquariums. In addition to health and information resource lists, there is also a list of sites where you can take classes, listen to audiobooks, or learn a language, all for free.

Low Cost Prescription Delivery

For only \$2 per order, The Hometown Pharmacy in Chelsea will deliver prescription medications to the Dexter area. Have your insurance information available when you make arrangements for delivery. For more information, call 734-475-1188.

Mask Do's and Don'ts

Do Use

- Masks with nose wires
- Mask fitters or braces
- Snug fit
- Multiple layers
- Knotted and tucked ear loops

Don't

- Combine two disposable masks
- Combine a KN95 with any other mask

For more information, visit the CDC at <https://www.cdc.gov/coronavirus/2019-ncov/your-health/effective-masks.html>

The Four Signs of a Scam

Scammers pretend to be from an organization you know

Scammers say there's a problem or a prize

Scammers pressure you to act immediately

Scammers tell you to pay in a specific way

More information:
<https://www.consumer.ftc.gov/articles/how-avoid-scam>

How to Avoid Scams

Block unwanted calls & messages

Don't give your personal or financial information in response to a request that you didn't expect.

Resist the pressure to act immediately

Know how scammers tell you to pay

Stop and talk to someone you trust

If you were scammed or think you saw a scam, report it to the Federal Trade Commission:
<https://reportfraud.ftc.gov/#/>

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National Consumer Protection Week
February 28 – March 6 • #NCPW2021

I saw an ad for facemasks online.
I paid but never got them.

Tell the FTC at ReportFraud.ftc.gov



50% of COVID-19 infections are spread by people **without symptoms**.



cdc.gov/coronavirus



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Inclement Weather Policy

Please note that Meals on Wheels friends should rely on their emergency shelf or frozen meals when inclement weather prevents safe deliveries.

In Memoriam

Kay Dunlavy
Diane Clark
Marjorie Smyth

Dexter Senior Center
7720 Ann Arbor St
Dexter MI 48130

PLEASE
PLACE
STAMP
HERE