

# Menu

# September

# 2021

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Baked Ziti w/cheese Italian salad Brussels Sprouts Mixed berries w/topping Italian bread	2 Maurice Salad Garden salad Broccoli Cheese Soup Crackers, Dinner Roll Pear	3 Hawaiian Meatballs Brown rice Cauliflower w/cheese Green beans Diced watermelon Dinner Roll
6  Labor Day Center Closed	7 Beef hotdog w/onions Potato salad Baked beans Strawberries w/topping Chocolate Chip Cookie	8 Greek Chicken Salad Garden Salad Vegetable Soup Crackers, Pita bread Apple	9 Stuffed Cabbage Garlic mashed redskin potatoes, Italian salad Mandarin oranges, Cake Dinner Roll	10 Potato Crunch Pollock Wild & WG pilaf Green beans Cucumber, Tomato, onion Frozen mixed fruit Biscuit
13 Pork Chop Suey Confetti fried rice w/ veg Mixed Vegetables Tropical Fruit Dinner Roll	14 Crispy Chicken strip salad Garden salad Minestrone Crackers, Dinner roll Apple	15 Open Face Roast Beef Garlic Mashed Redskin potatoes Diced Carrots Blueberries w/topping WW Bread	16 Vegetable Lasagna Normandy Blend Veg Spinach salad with egg & mushrooms Diced peaches Italian bread	17 BBQ Chicken breast Baked beans Coleslaw Banana Corn bread Chocolate Chip Cookie
20 Potato Crunch Pollock Wild & WG Pilaf Carrot coins Stewed tomatoes Pineapple tidbits WW Bread	21 Sloppy Joe Potatoes O'Brien Cucumber, Tomato, & Onion salad Fruited gelatin	22 Oriental Chicken Salad Crispy chicken strips Chow Mein noodles Garden salad Beef barley soup Orange Dinner Roll	23 Florentine Stuffed Shells with Marinara Italian Salad Brussels sprouts Mixed berries w/topping Italian bread	24 Breaded Chicken Patty Pasta Salad w/ veg Baked beans Banana Hamburger bun
27 Teriyaki Beef Dippers Green beans Whole kernel corn Diced peaches Dinner roll	28 Roast Pork w/gravy Garlic Mashed Redskin potatoes, Coleslaw Strawberries w/topping Corn bread	29 Chicken Tenders Garden salad Tropical Fruit Biscuit	30 Chef salad Garden salad Apple Pita bread	

Meals include milk and margarine. WW = Whole wheat LS = Low Sodium

Please make reservations for lunch 48 hours in advance. If you don't cancel 48 hours in advance, you will be charged \$5.50.